

ICS XIII APRILE SOCI
MONS. C. ZACCHI PRIMARY SCHOOL
S. PIERO IN FRASSINO

FIGHT BULLYING

Creating a Safer
Community for Everyone

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year II

 Teacher: M.Letizia Fani

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WHAT IS BULLYING?

Bullying involves repeated aggressive behavior that is intended to hurt or intimidate another person physically, verbally, or psychologically.

Bullying can occur in person, online (cyberbullying), and in a variety of settings, including schools, workplaces, and social spaces.



TYPES OF BULLYING



Physical Bullying

Hitting, pushing, or other physical aggression.



Verbal Bullying

Name calling, insults, and other forms of derogatory language.



Social Bullying

Spreading rumors, excluding others, and public embarrassment.



Cyberbullying

Using digital platforms to repeatedly harass or humiliate someone.



IMPACT OF BULLYING

Bullying can have a major impact on both victims and perpetrators:

VICTIM

Increased risk of depression, anxiety, difficulty sleeping, decreased academic performance, and in severe cases, suicidal thoughts.

PERPETRATOR

Higher risk for academic problems, and violent behavior later in life.



RECOGNIZING THE SIGNS OF BULLYING

It's crucial to recognize the signs of bullying:



Withdrawal from social interaction



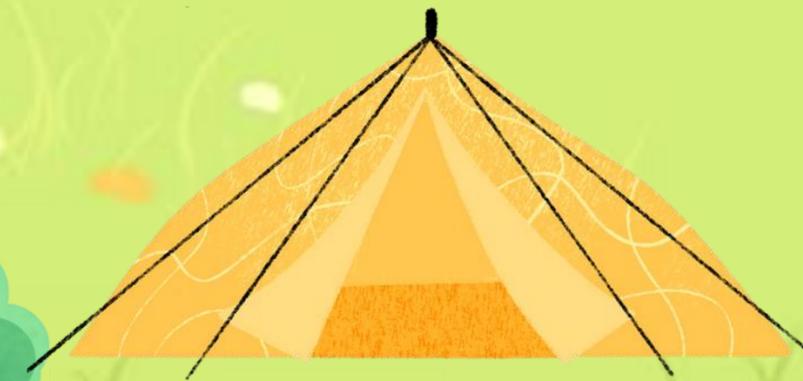
Unexplained injury or loss of property



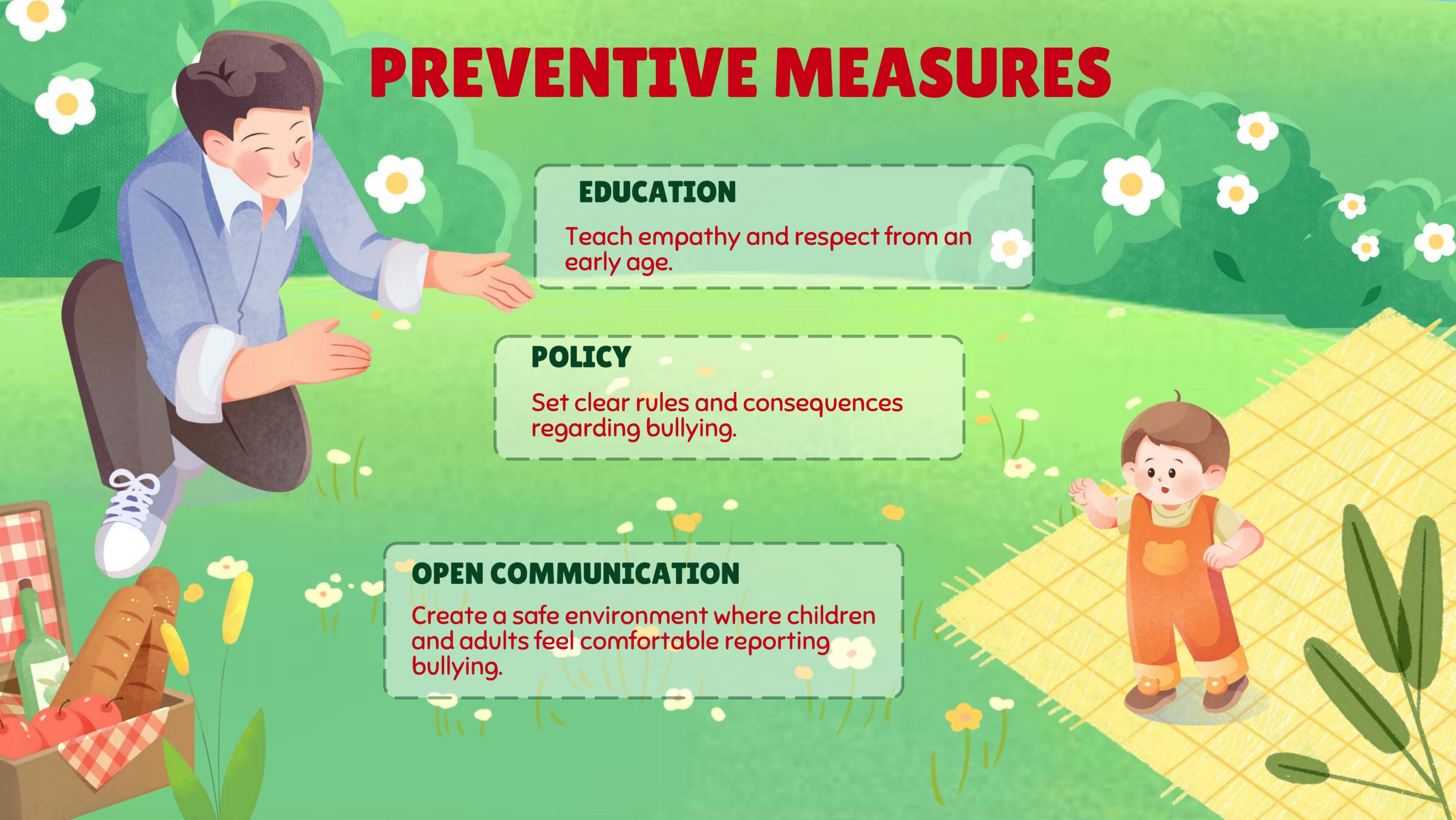
Changes in mood, behavior, sleep, or appetite



Avoidance of certain situations, such as refusing to go to school



PREVENTIVE MEASURES

A vibrant illustration of a man in a blue suit kneeling on a green lawn, gesturing with his hands as if in conversation. In the foreground, a young child in orange overalls stands on a yellow straw mat, holding a small object. To the left, a picnic basket with bread, apples, and a bottle sits on a red and white checkered blanket. The background is a lush green field with scattered white and yellow flowers under a bright sky.

EDUCATION

Teach empathy and respect from an early age.

POLICY

Set clear rules and consequences regarding bullying.

OPEN COMMUNICATION

Create a safe environment where children and adults feel comfortable reporting bullying.



Working together we can combat bullying and create a safer environment for everyone at school and at home.

Always help the others especially when you see something wrong

**Let's be the change
we want to see in
the world!**





Be Respectful

Be Responsible

Be Kind

**Thank you for your attention,
Teacher M.Letizia**