

ICS XIII APRILE SOCI  
MONS. C. ZACCHI PRIMARY SCHOOL  
S. PIERO IN FRASSINO

# FIGHT BULLYING

Creating a Safer  
Community for Everyone

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year II

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# LIST OF CONTENTS

01 What is Bullying?

02 Types of Bullying

03 Impact of Bullying

04 Recognizing the Signs  
of Bullying

05 Preventive measure

06 How to Respond to  
Bullying



# WHAT IS BULLYING?

Bullying involves repeated aggressive behavior that is intended to hurt or intimidate another person physically, verbally, or psychologically. Bullying can occur in person, online (cyberbullying), and in a variety of settings, including schools, workplaces, and social spaces.





# TYPES OF BULLYING



## Physical Bullying

Hitting, pushing, or other physical aggression.



## Verbal Bullying

Name calling, insults, and other forms of derogatory language.



## Social Bullying

Spreading rumors, excluding others, and public embarrassment.



## Cyberbullying

Using digital platforms to repeatedly harass or humiliate someone.





# IMPACT OF BULLYING

Bullying can have a major impact on both victims and perpetrators:

## VICTIM

Increased risk of depression, anxiety, difficulty sleeping, decreased academic performance, and in severe cases, suicidal thoughts.

## PERPETRATOR

Higher risk for academic problems, and violent behavior later in life.





# RECOGNIZING THE SIGNS OF BULLYING

It's crucial to recognize the signs of bullying:



Withdrawal from social interaction



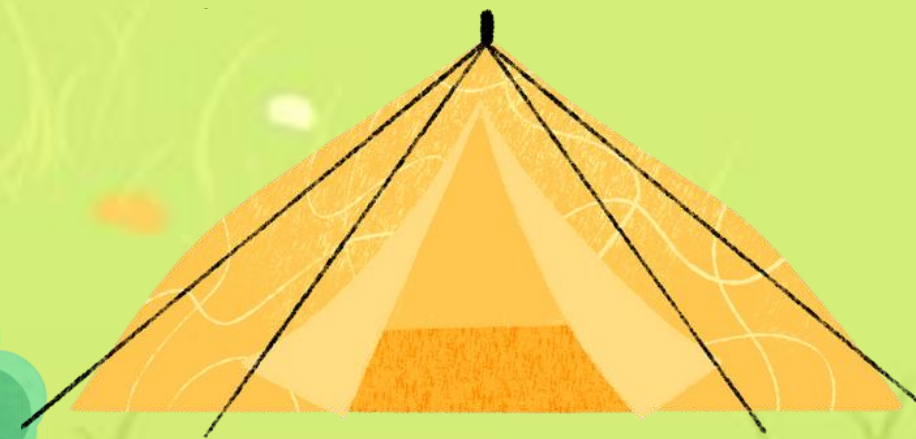
Unexplained injury or loss of property



Changes in mood, behavior, sleep, or appetite



Avoidance of certain situations, such as refusing to go to school





# PREVENTIVE MEASURES

A colorful illustration of a man and a child in a park. The man, on the left, is wearing a blue jacket and dark pants, kneeling on a green lawn and smiling with his hands outstretched. The child, on the right, is wearing orange overalls and is standing on a yellow woven mat, looking up at the man. In the bottom left corner, there is a picnic basket with a red and white checkered cloth, containing a green bottle, a loaf of bread, and some red apples. The background features green bushes with white daisies and a clear sky.

## EDUCATION

Teach empathy and respect from an early age.


## POLICY

Set clear rules and consequences regarding bullying.

## OPEN COMMUNICATION

Create a safe environment where children and adults feel comfortable reporting bullying.





**Working together we can combat  
bullying and create a safer  
environment for everyone  
at school and at home.**

**Always help the others  
especially when you see something  
wrong**



**Let's be the change  
we want to see in  
the world!**







Be Respectful  
Be Responsible  
Be Kind

**Thank you for your attention,  
Teacher M.Letizia**